



ELEVATE



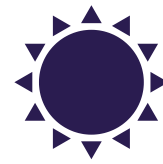
Botox Aftercare



no alcohol
for 24 hours



no rubbing or
massaging



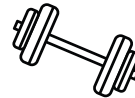
no sun/heat
exposure for 24
hours



stay well
hydrated



no aspirin,
naproxen, or
ibuprofen



no exercise for
24 hours



no hat/headband
for 24 hours

- Full results are not seen until 2 weeks after injections. You will start to notice a change in 3-5 days and you will gradually lose more muscle strength post-injections. Please wait the full 14 days post-injections to assess your final results
- Botox® injections are temporary and last 3-4 months in most people. You must have follow up appointments every 3-4 months to keep the effects.
- If you do develop bruising, it will resolve like other bruises you have had within a week or so. There is occasionally some mild pain, swelling, redness at the site of injection like most other injections. Redness may last 1-2 days, rarely longer.
- Mild headaches are common post-injection. Please avoid aspirin or aspirin containing products post-injection as this may increase the risk of bruising. You may opt to instead use ibuprofen, acetaminophen, and/or cool compresses. If headaches continue or worsen, contact your injector.
- Please follow proper aftercare to ensure treatment is effective and you do not have any adverse side effects.

